



D major range

SWEET AND LOW

(for lower voice)

Helen Caskie

1 Moderato *mp*

Sweet and low, Sweet and low
Sleep and rest; Sleep and rest

7 *mf*

Wind of the West - ern sea,
Fath - er will come to thee soon,

13 *mp*

Low, low, breathe and blow; Wind of the
Rest, rest, on Moth - ers breast, Fath - er will

19 *Rubato* *mf* *A tempo*

West - ern sea. O - ver the roll - ing
come to thee. soon. Fath - er will come to his

• = suggested extra breath marks if breathing capacity is still developing.