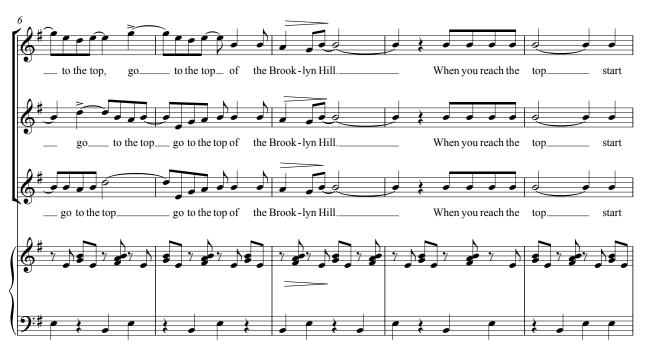
## Instructions on How to get Ahead of Yourself While the light Still Shines.





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